

East African Odyssey

Country(ies): Kenya , Malawi , Zambia , Tanzania

Tour type: Overland

Transport: Overland expedition vehicle, 4x4 safari jeeps & ferry

Group size: Min: 4 | Max: 20

Days: 22 days

Start Location: Livingstone, Zambia

End Location: Nairobi, Kenya

Meals: Breakfasts - 21, Lunches - 20, Dinners - 19

Highlights:

Victoria Falls, South Luangwa National Park, Lake Malawi, Diving & Snorkelling, Zanzibar, Serengeti National Park, Ngorongoro Crater



Itinerary

Day 1: Livingstone to Lusaka

Departing the Zambian side of Victoria Falls at dawn, we bid a final farewell to the thundering waters. A long travel day awaits, but East Africa unveils itself through our truck's window: bustling markets explode with color, lively villages hum with activity, and the rural countryside paints a tranquil picture. As we arrive, a delicious meal awaits, and our guides prepare us for the adventures to come.

You will need to add at least one extra night in Livingstone before this tour starts as we leave early this morning and you will want some time to see the Falls and perhaps take advantage of some of the other adventure opportunities available here.

Route: Livingstone to Lusaka

Facilities - Camping: Campsite with shared ablutions

Facilities - Accommodated: Two per Room with en-suite bathroom

OVERNIGHT: Eureka Camp

MEALS: Lunch, Dinner

EXTRAS: Single room supplement accommodated (TAOVAO)

Day 2: Petauke

We depart Zambia's bustling capital, Lusaka, heading east towards Petauke for the night. The Great East Road, a vital connection to Malawi, guides us through Zambia's countryside, revealing a tapestry of villages and small farms – a world away from the developed nations many of us know. Along the way, the mighty Luangwa River marks our path.

Facilities - Camping: Campsite with shared ablutions

Facilities - Accommodated: Two per Room with en-suite bathroom

OVERNIGHT: Chimwemwe Executive Lodge

MEALS: Breakfast, Lunch, Dinner

EXTRAS:

Day 3: South Luangwa National Park

Anticipating the peaceful atmosphere of South Luangwa, we journey this morning toward the banks of the Luangwa River. Along the way, we pause at Mulberry Mongoose to browse their collection of local jewellery and curios. These unique accessories are handcrafted by local women using organic materials sourced directly from the African bush. As Chipata is a prominent cotton-producing region, this visit offers a wonderful insight into the artistic heritage of African culture. To conclude the day, few experiences rival a sunset over the Luangwa River; find a comfortable spot, enjoy a chilled drink, and watch the evening unfold.

Route: Petauke to South Luangwa National Park

Included Highlight: Mulberry Mongoose Curio Visit

Facilities - Camping: Campsite with shared ablutions

Facilities - Accommodated: Two per Room with en-suite bathroom

OVERNIGHT: Wildlife Camp or similar

MEALS: Breakfast,Lunch,Dinner

EXTRAS:

Day 4: Exploring the South Luangwa National Park

Known for having one of the highest concentrations of wildlife within its borders, the South Luangwa National Park situated in Zambia's Luangwa River Valley is one of Africa's top safari destinations.

You can spend the majority of the day today searching for wildlife. This morning you can take an optional safari today or during the dry season months of April to December - enjoy a walking safari which provides one of the most authentic wildlife experiences in Africa.

Later in the day, we'll head out on a sunset drive through the park, which includes sundowners. Exploring South Luangwa National Park at night is a unique experience, as many of the nocturnal wildlife who are hidden during the day, come out to play at night.

Included Highlight: Sunset Game Drive in South Luangwa National Park

Optional Activity: Safari Walk (seasonal) or Morning Game Drive in South Luangwa

Facilities - Camping: Campsite with shared ablutions

Facilities - Accommodated: Two per Room with en-suite bathroom

OVERNIGHT: Wildlife Camp or similar

MEALS: Breakfast,Lunch,Dinner

EXTRAS: Options available while on tour (KEOVSS)

Day 5: Zambia to Malawi

We say goodbye to Zambia this morning as we travel to Malawi, commonly known as the 'warm heart of Africa'. We'll make our way to its iconic Lake Malawi - one of Africa's Great Lakes, and the southernmost of the East African Rift System.

Lake Malawi boasts more fish species than that of any other body of freshwater on the planet, which isn't too surprising once you hear the fact it's the world's eighth largest lake. We spend the night on the shores of this natural wonder.

Route: South Luangwa National Park to Lake Malawi

Facilities - Camping: Campsite with shared ablutions

Facilities - Accommodated: Two per Room with en-suite bathroom

OVERNIGHT: Ngala Beach Lodge or similar

MEALS: Breakfast,Lunch,Dinner

EXTRAS:

Day 6: Free time at Lake Malawi

Today is dedicated entirely to the lake, providing a perfect opportunity for you to unwind. Whether you choose to get lost in a book, bask in the sun, or explore the various local attractions, the day is yours to enjoy at your own pace. For those seeking adventure, an optional guided hike to the nearby Dwanbazi Waterfall is available. Situated just a 30-minute drive from Ngala Beach Hotel, the waterfall rewards hikers with a breath-taking panorama from its summit. Weather permitting, you may even have the chance to enjoy a refreshing swim in the pristine waters, fully immersed in the lush greenery and natural splendour of the landscape.

Facilities - Camping: Campsite with shared ablutions

Facilities - Accommodated: Two per Room with en-suite bathroom

OVERNIGHT: Ngala Beach Lodge or similar

MEALS: Breakfast,Lunch,Dinner

EXTRAS:

Day 7: Sunset on the banks of Lake Malawi

After a day of relaxation, we hop back into the truck as we make our way to Lake Malawi's northern banks. We'll enjoy a spectacular African sunset over the lake before your guide helps you plan your activities for the next few days - or you can choose to get a little more relaxation in.

Route: Central Lake Malawi to North Lake Malawi

Facilities - Camping: Campsite with shared ablutions

Facilities - Accommodated: Two per Room with en-suite bathroom

OVERNIGHT: Chitimba

MEALS: Breakfast,Lunch,Dinner

EXTRAS:

Day 8: Cross into the Mbeya Region of Tanzania

We leave the lake this morning and head north, crossing the border into Tanzania and heading for the Utengule Coffee Lodge where we'll spend the night.

Facilities - Camping: Shared Bungalow with shared ablutions

Facilities - Accommodated: Two per Room with en-suite bathroom

OVERNIGHT: Utengule Coffee Lodge

MEALS: Breakfast,Lunch,Dinner

EXTRAS:

Day 9: Coffee plantation, Great Rift Valley

We'll spend a little time today at a local coffee plantation, where we can see the process of growing and harvesting the coffee beans, and be able to enjoy some samples. We then head up the Great Rift Valley into Tanzania, passing the northern extremes of Lake Malawi before heading east to Iringa, which sits on a cliff overlooking the Ruaha River Valley.

Route: Northern Lake Malawi to Iringa

Included Activity: Coffee plantation visit

Facilities - Camping: Campsite with shared ablutions

Facilities - Accommodated: Two per Room with en-suite bathroom

OVERNIGHT: Kisolanza Farm or similar

MEALS: Breakfast,Lunch,Dinner

EXTRAS:

Day 10: Exploring the Mikumi National Park

This morning, our journey brings us to the very edge of Mikumi National Park. En route, we pause at Tanzania's Baobab Valley, a mesmerising landscape defined by ancient, towering trees that have endured for centuries. These iconic giants create a surreal atmosphere, casting dramatic shadows across the African savannah and providing the perfect setting for a group photograph. We then continue to Mikumi; while it is the fourth largest park in Tanzania, it forms part of a massive 75,000-square-kilometre wilderness area centred on the Selous, Africa's largest game reserve. This afternoon, you will have the chance to book an exhilarating game drive to explore the park's diverse wildlife.

Route: Iringa to Mikumi

Optional Activity: Mikumi National Park Game Drive

Facilities - Camping: Campsite with shared ablutions

Facilities - Accommodated: Two per Room with en-suite bathroom

OVERNIGHT: Camp Bastian or similar

MEALS: Breakfast,Lunch,Dinner

EXTRAS:

Day 11: Mikumi

Today you will have the opportunity to book additional safaris in Mikumi National Park or embark on a variety of cultural tours.

Optional Activities: Mikumi National Park Safaris / Cultural Tours

Facilities - Camping: Campsite with shared ablutions

Facilities - Accommodated: Two per Room with en-suite bathroom

OVERNIGHT: Camp Bastian

MEALS: Breakfast,Lunch,Dinner

EXTRAS:

Day 12: Mikumi to Dar es Salaam

We overnight in Dar es Salaam before an early start the following morning to catch our ferry to Zanzibar Island.

Route: Mikumi to Dar es Salaam

Facilities - Camping: Campsite with shared ablutions

Facilities - Accommodated: Two per Room with en-suite bathroom

OVERNIGHT: Golden Tulip Dar City Centre

MEALS: Breakfast,Lunch

EXTRAS:

Day 13: Ferry to Zanzibar

We head out early to catch our ferry to Zanzibar Island from Dar es Salaam. After arriving at the ferry port we make our way to our hotel located in Stone Town

Route: Dar es Salaam to Stone Town

Included Highlight: Zanzibar Excursion

Facilities - Camping: Two per Room with en-suite bathroom

Facilities - Accommodated: Two per Room with en-suite bathroom

OVERNIGHT: Maru Maru Hotel

MEALS: Breakfast

EXTRAS:

Day 14: Zanzibar Beaches

Boasting a rich history this busy port was once a landmark on both the Slave and Spice trade routes . Our morning begins with a walking tour of Stone Town to discover the more well known landmarks, including the birthplace of Freddy Mercury . After our city tour, we travel by road to our base for the next 2 nights. Before our arrival, we will stop along the way to enjoy a guided walking spice tour, which passes through villages and spice plantations. You will be able to witness first - hand how spice farm workers climb the trees and seek out specific plants and will have the opportunity to purchase fresh spices directly from these farms.

Route: Stone Town to Marumbi

Included Highlight: Stone Town walking tour / Spice tour

Facilities - Camping: Two per Room with en-suite bathroom

Facilities - Accommodated: Two per Room with en-suite bathroom

OVERNIGHT: Zanzibar Bay

MEALS: Breakfast,Lunch,Dinner

EXTRAS:

Day 15: Zanzibar Beaches

You have the day free to explore the island of Zanzibar. There are so many water sport activities available to you - from fishing, snorkelling, scuba diving and a selection of ocean safari options. You could also rent a scooter to explore the island or you can simply choose to relax on its sun kissed beaches

Optional Activities: Fishing, Snorkelling, Scuba Diving, Turtle Sanctuary Visit, Village Tours, Scooter rental and more

Facilities - Camping: Two per Room with en-suite bathroom

Facilities - Accommodated: Two per Room with en-suite bathroom

OVERNIGHT: Zanzibar Bay

MEALS: Breakfast,Lunch,Dinner

EXTRAS: Options available while on tour (KEOVGP)

Day 16: Back to Bagamoyo

We say farewell to the island of Zanzibar today and take the ferry back to Dar es Salaam where we rejoin our truck and drive to Bagamoyo this afternoon, where we'll spend the rest of the evening preparing for our journey to Arusha tomorrow.

Route: Zanzibar to Dar es Salaam by ferry; Dar es Salaam to Bagamoyo

Facilities - Camping: Campsite with shared ablutions

Facilities - Accommodated: Two per Room with en-suite bathroom

OVERNIGHT: FireFly Lodge

MEALS: Breakfast,Dinner

EXTRAS:

Day 17: Through rural Tanzania to Moshi

As we depart the coastal lowlands of Bagamoyo, the scenery transitions into rugged highlands, taking us through bustling towns, secluded villages, and vast stretches of open savannah. This journey offers a front-row seat to the rhythms of daily life and the untouched beauty of the Tanzanian countryside. Should time allow this afternoon, you may choose to book an optional excursion to a local coffee plantation or join a guided cycling tour to explore the area further.

Route: Bagamoyo to Moshi

Facilities - Camping: Campsite with shared ablutions

Facilities - Accommodated: Two per Room with en-suite bathroom

OVERNIGHT: Njiro Legacy

MEALS: Breakfast,Lunch,Dinner

EXTRAS:

Day 18: Karatu

While the distance to Karatu is relatively short, we will spend the majority of the day travelling closer to the Ngorongoro Crater. Before reaching our destination, we stop at the Mto wa Mbu Market, located in the charming village of Mto wa Mbu. Renowned for its rice crops and unique red bananas, this town is a vital gateway situated on the primary route to the Serengeti National Park and the Ngorongoro Crater Conservation Area. This evening, our guide will provide a detailed briefing regarding our upcoming two-night excursion.

Route: Moshi to Karatu

Included Highlight: Mto wa Mbu Market

Facilities - Camping: Campsite with shared ablutions

Facilities - Accommodated: Two per Room with en-suite bathroom

OVERNIGHT: Kudu Camp or similar

MEALS: Breakfast,Lunch,Dinner

EXTRAS:

Day 19: Ngorongoro Crater & Serengeti National Park (Seronera)

We'll be collected early from our camp today in 4x4 vehicles and head into the Ngorongoro Crater, a UNESCO world heritage site and the home of the world's largest unbroken caldera. More than 25,000 wildlife call the crater home and it's also one of Africa's top birding destinations, supporting over 500 bird species including ostriches, kori bustards, secretary birds and much more. We spend the majority of the day exploring the crater before arriving at our overnight camp in the Seronera region in the heart of Serengeti National Park. Surrounded by abundant wildlife and spectacular views, the camp features meru style tents and we'll enjoy a meal and drinks here this evening with the sights and sounds of nature passing right by us.

Route: Karatu to Seronera via Ngorongoro Crater

Included Highlight: Full day 4x4 excursion to Ngorongoro Crater and drive to Seronera

Facilities - Camping: Two per Permanent Tent with en-suite bathroom

Facilities - Accommodated: Two per Permanent Tent with en-suite bathroom

OVERNIGHT: Seronera Private Tented Camp

MEALS: Breakfast,Lunch,Dinner

EXTRAS:

Day 20: Serengeti Game Drive

We start early this morning for another game drive through Serengeti National Park, searching for more of the abundant wildlife, and targetting species we may not have seen yet. We'll arrive back into Karatu late in the afternoon ready to reminisce on some amazing wildlife encounters.

Included Highlight: Game Drive through Seronera, Serengeti National Park

Facilities - Camping: Campsite with shared ablutions

Facilities - Accommodated: Campsite with shared ablutions

OVERNIGHT: Seronera Private Tented Camp

MEALS: Breakfast,Lunch,Dinner

EXTRAS:

Day 21: To Arusha

We leave the Serengeti today and drive to Arusha. The rest of the evening will be spent relaxing, listening and sharing stories of your experience in the Serengeti and Ngorongoro Crater.

Route: Serengeti to Arusha

Facilities - Camping: Campsite with shared ablutions

Facilities - Accommodated: Two per Room with en-suite bathroom

OVERNIGHT: Njiro Legacy

MEALS: Breakfast,Lunch,Dinner

EXTRAS:

Day 22: Arusha to Nairobi

We cross the border into Kenya this morning as we make our way to Nairobi, where our journey ends on arrival. Accommodation is not included in Nairobi tonight, but may be booked as an additional option if required.

Please do not plan any international flight departures until tomorrow in case of delays on the drive to Nairobi.

Route: Arusha to Nairobi

OVERNIGHT: N/A

MEALS: Breakfast,Lunch

EXTRAS: Departure airport transfer in Nairobi Extra day in Nairobi - post-tour

Included:

- 21 night's accommodation in hotels/lodges/guesthouses and camps
- All transport using our 25-seat expedition vehicle
- All 'included highlights' as mentioned in the itinerary
- 2 truck crew (driver/guide plus assistant/cook)
- Local guides for sightseeing tours and activities as per the itinerary
- Meals as indicated in the itinerary

Excluded:

- International Flights (available on request)
- Visa fees if required
- Travel Insurance (compulsory, available on request)
- Meals not indicated in the itinerary
- Drinks, snacks and other personal expenses (e.g. laundry)
- Tips for guides & drivers
- Entrance fees and activities not mentioned above
- Any other items not mentioned above

Options

Our tours are designed to include all that you need to enjoy a really special time in the destination you're visiting. However, we do also offer some extra options to complement the tour and add some additional sightseeing or activities, or some extra time at either end of the tour.

All accommodation based options (e.g. Single supplements, extra nights, cruise upgrades) should be booked and paid for in advance so that we can make the appropriate arrangements. Other options may either be booked and paid for in advance or while you are on the tour, though we recommend booking in advance to ensure there are no issues with availability.

Many options are priced the same throughout the year, but some may incur single or high season supplements - full details are given on the tour reservation form or on request.

Single room supplement accommodated (TAOVAO)

Min numbers: 1

This option books a single room in all the accommodation throughout the tour. Room shares are not available on this tour, so if you are single traveller then you will need to add this option to your booking.

Note: The price shown is a low season price. Slightly higher prices may apply during high and peak seasons - the exact price for your dates will be shown on the online booking form and is always available on request.

Extra day in Nairobi - post-tour

Min numbers: 1

This option adds an extra day to the start of your tour, staying in the same hotel as the main tour itself (subject to availability). Airport transfers are not included, but are available as an additional option. Prices shown are per person and based on two people sharing.

Note: Single room and peak season supplements apply.

Extra day in Livingstone - pre-tour

Min numbers: 1

This option adds an extra day to the start of your tour, staying in the same hotel as the main tour itself (subject to availability). Airport transfers are not included, but are available as an additional option. Prices shown are per person and based on two people sharing.

Note: Single room and peak season supplements apply.

Arrival airport transfer in Victoria Falls

Min numbers: 1

This option adds an arrival airport transfer in Victoria Falls to your Overland tour with us. You will need to also book at least one night of pre-tour hotel accommodation with us in order to book this transfer.

Note: We subcontract our airport transfers, so your transfer representative will not have any information about your tour with us, or be able to assist you beyond the transfer itself.

Single room supplement camping (TAOVAO)

Min numbers: 1

This option provides single travellers with a single room in the hotels/guesthouses used during the tour as well as a private single tent. Single travellers happy to share a same-sex twin room and tent do not need to pay the supplement.

Arrival Transfer in Livingstone

Min numbers: 1

This option adds an arrival airport transfer from Livingstone Airport to Livingstone Hotel to your Overland tour with us. You will need to also book at least one night of pre-tour hotel accommodation with us in order to book this transfer.

Note: We subcontract our airport transfers, so your transfer representative will not have any information about your tour with us, or be able to assist you beyond the transfer itself.

Historical Bridge Tour

Min numbers: 1

Journey through over 100 years of history on this engaging, theatrical, and educational tour. You will learn about the history of a remarkable structure, from its design and prefabrication in England to its construction in Africa. This engineering masterpiece was central to Cecil John Rhodes' vision of a "Cape to Cairo" railway, and its history is both entertaining and tragic.

Victoria Falls Helicopter Flight

Min numbers: 1

Experience an exhilarating 12-minute helicopter flight over the majestic waterfalls. You'll enjoy breathtaking aerial views of cascading water and the lush surroundings.

Victoria Falls Sunset Boat Cruise

Min numbers: 1

Enjoy a two-hour sunset boat cruise on the Zambezi River. You will be provided with local drinks and snacks during the trip. Please note that a park fee of \$10 USD is not included and is payable on site.

Victoria Falls Guided Tour

Min numbers: 1

Explore the majestic Victoria Falls National Park, Zimbabwe, with a knowledgeable guide. This tour takes you to up to 16 different viewpoints, offering a comprehensive look at the falls.

Morning Game Drive in South Luangwa

Min numbers: 1

Join us for a 4-hour morning game drive in South Luangwa National Park. Running from 06:15 to 10:15, this safari includes complimentary tea and coffee to get you started.

Serengeti Hot Air Balloon Safari

Min numbers: 1

Experience the unforgettable magic of a hot air balloon flight over the vast plains of the Serengeti National Park. As the sun rises, you'll float silently above the iconic landscape, offering a unique perspective on the breathtaking scenery and the wildlife below.

1. Accommodation

We provide two options for the accommodation on this Overland tour, both available on the trip. Each option stays in the same place each night, just using a different level of accommodation. On some nights both options will use the same rooms or tents - please see the itinerary for details.

Camping: As the name suggests, the majority of your time will be spent camping. We include easily erected tents and camping mattresses; all you need to bring is a sleeping bag & towel (and pillow if you need one). Some nights spent in towns and cities may be spent in hotel or lodge rooms instead of camping - please see the itinerary for details. Prices are based on 2 sharing so if you are travelling as a single passenger you should expect to share a tent with another traveller of the same sex. During hotel stays, all couples will be given a private double room. Friends booking together will also share a room. Triple rooms are not generally available.

Accommodated: This level is designed to bridge the gap between a basic camping tour and an expensive lodge holiday. So, we use good quality hotels, lodges and camps rated at the local 2 to 4-star level, with the majority of rooms en-suite. In some places more basic properties with separate bathrooms, or permanent safari tents may be used. We aim always to use accommodation that is in keeping with the local area so there is a good variety. Local star ratings may vary slightly from international standards. Accommodation is based on twin or double rooms, chalets, bungalows or safari tents. All couples will be given a private double room. Friends booking together will also share a room.

Please check the Single Room Supplement option for details on room sharing options and charges for solo travellers on this tour.

Note - Accommodation providers are subject to change without notice. The properties listed are our preferred options, but sometimes due to availability or other issues with the property, we may substitute another property of similar standards.

Note - For the Serengeti camping excursion, the campsites we visit are fully owned by the Tanzania National Parks Board. Over 90,000 tourists visit the Serengeti National Park annually. These facilities are sadly not sufficiently maintained by the Parks Board and while operators including ourselves have attempted to offer their services to improve the situation, these offers were not accepted. We do ask that you have an open mind when visiting the ablutions in the Serengeti National Park. Please supply your own wet wipes and toilet paper.

2. Destination Guides

Lusaka

Lusaka is the capital and largest city of Zambia. The two main languages spoken in Lusaka are English and Nyanja. It is located in the southern part of the central plateau of the country at an elevation of 1300 m and has a population of 3,100,000 (2007 estimate). With one of the fastest growing city centres in Africa, Lusaka is located in a productive farm area and is the administrative, financial and commercial centre of Zambia. It is thought that with proper and effective economic reforms, Lusaka as well as Zambia as a whole will develop considerably. Lusaka is home to a diverse community of foreigners, many of whom work in the aid industry as well as diplomats, representatives of religious organizations and some business people.

According to history, Lusaka was once the site of a village named after its headman Lusaka which was located at Manda Hill, near where the National Assembly building now stands. In the local Nyanja language, manda means graveyard. The area was expanded by European (mainly British) settlers in 1905 with the building of the railway. In 1935, due to its fairly central location on the railway and at the crossroads of the Great North Road and Great East Road, it was chosen to replace Livingstone as the capital of the British colony of Northern Rhodesia. After the federation of Northern and Southern Rhodesia in 1953, it was a centre of the independence movement which led to the creation the Republic of Zambia. In 1964 Zambia became the ninth African state to gain independence from the British crown and President Kaunda took power, with Lusaka as its capital.

Chipata

Chipata has a population of around 75,000 and is the capital of the Eastern Province of Zambia. Formerly known as Fort Jameson, the city is located near the border of Malawi on the highway connecting the capitals Lilongwe

(130 km) and Lusaka (550 km). As we drive from Lilongwe to Chipita in Malawi there is a steady stream of people and transport bringing in supplies that are not always readily available elsewhere in Africa. You will also find colourful fruit & vegetable markets and an unexpected amount of ornate mosques due to its large Islamic Indian community.

South Luangwa National Park

South Luangwa National Park in eastern Zambia is a world-renowned wildlife haven, and famous for walking safaris. It supports large populations of Thorneycroft's Giraffe, and herds of elephant and buffalo often several hundred strong, while the Luangwa River supports abundant crocodiles and hippopotamus. Founded as a game reserve in 1938, it became a national park in 1972 and now covers 9 050 square km.

Hippos thrive here due to the patches of flooded grassland habitats (floodplains) that are found close to the river, on which they graze at night. It is possible to see pods of up to 500 hippos in the dry season as the river shrinks and they are confined to areas of deep pools. On average there are probably 35 – 42 hippos per km! They are integral to the ecosystem here, their dung released into the river fertilises its waters and sustains the fish population which in turn sustains the crocodiles. The park is also reputed to have the highest concentration of leopard in Africa. It is estimated that there is one leopard for every km of river in the Luangwa Valley, so your chances of seeing this elusive nocturnal cat are very high.

Lake Malawi

The lake, third largest in Africa and eighth largest in the world, is situated between Malawi, Mozambique and Tanzania. The lake's tropical waters teem with more fish species than any other lake on earth and offers wonderful snorkelling and diving experiences. The fish also support the local people, who depend on the lake for survival, using dug-out canoes to set out long nets. There are many different ethnic groups living in the vicinity and many different dialects are spoken. Many are Christians, as a result of the numerous missionaries that passed through the area, while many have retained their traditional belief systems.

In 1859 David Livingstone reached Lake Malawi when he was trying to put an end to the slave trade. He then returned in 1861 accompanied by seven missionaries. They opened a mission station in the south lake area but suffered from malaria, illness and conflict with slavers. In 1864 the surviving missionaries withdrew to Zanzibar. Livingstone then returned to the region in 1866 as part of an expedition to find the source of the Nile. In 1869 he pushed north and was out of contact for two years. He was found by journalist Henry Stanley on the banks of Lake Tanganyika in 1871 and Stanley uttered the famous words "Dr Livingstone I presume".

Livingstone continued on his mission and died at a village called Chitombo in Zambia in 1873. His death rekindled a desire in missionaries to come to Malawi and eventually, after setting up missions in various bad malaria areas, they set up a mission called Livingstonia in the highlands of the eastern escarpment (with no malaria). It is still in operation today and visitors can hike to the mission. The walk is quite strenuous and you should be reasonably fit especially if it's hot. It's about a 6 to 8-hour round trip.

Tanzania

Tanzania is mountainous in the northeast where Mount Kilimanjaro, Africa's highest freestanding mountain, is situated. To the north and west are the Great Lakes of Lake Victoria (Africa's largest lake) and Lake Tanganyika (Africa's deepest lake, known for its unique species of fish). Central Tanzania comprises a large plateau with plains and arable land. The eastern shore is hot and humid with the island of Zanzibar lying just offshore.

Tanzania has a tropical type of climate. In the highlands, temperatures range between 10°C and 20°C during cold and hot seasons respectively. The rest of the country has temperatures rarely falling lower than 20°C. The hottest period extends between November and February (25°C - 31°C) while the coldest period occurs between May and August (15°C - 20°C).

Along the main highway artery that connects Dar es Salaam and Iringa, one travels through Baobab Valley. An endearing local saying goes that if you see a tree small enough to put your arms around, all your dreams and wishes will come true. Living up to its name, the valley is heavily populated by baobabs, one of the great symbols of Africa. This bizarre tree, known as the "upside down tree" is surrounded by myth and folklore, and has a multitude of uses for the local people and wildlife: the fruit is eaten; gum and fibre is made into rope, paper, and cloth; and bark and oil from the baobab seeds have medicinal properties.

Etosha National Park

Etosha, meaning "Great White Place", is dominated by a massive mineral pan, part of the great Kalahari Basin. The Etosha pan, originally a lake fed by the Kunene River, covers about 5 000 square km, a quarter of the Etosha National Park. The lake dried up thousands of years ago and is now a dusty depression of salty clay which occasionally fills with the rare heavy rains. This temporary water supply stimulates the growth of algae

which attracts wading birds and flamingos by their thousands. Large concentrations of wildlife gather year-round at the perennial springs on the edges of the pan. This amazing abundance of wildlife makes Etosha one of Southern Africa's finest and most important game reserves. Covering an area of 22 270 square km, it is home to 114 mammal species, 340 bird species, 110 reptile species, 16 amphibian species and, surprisingly, one species of fish.

Dar es Salaam

Dar es Salaam (Arabic translation: "house of peace"), formerly Mzizima, is the largest city in Tanzania. With a population estimated around 2,500,000, it is also the country's richest city and an important economic centre. Though Dar es Salaam lost its official status as capital city to Dodoma in the mid-1970s, it remains the centre of the permanent central government and continues to serve as the capital for the surrounding Dar es Salaam Region.

In 1859, Albert Roscher of Hamburg became the first European to land in Mzizima ("healthy town"). In 1866 Sultan Seyyid Majid of Zanzibar gave it its present name. Dar es Salaam fell into decline after Majid's death in 1870 but was revived in 1887, when the German East Africa Company established a station there. The town's growth was facilitated by its role as the administrative and commercial centre of German East Africa and industrial expansion resulting from the construction of the Central Railway Line in the early 1900s.

Being situated so close to the equator and the warm Indian ocean, the city experiences generally tropical climatic conditions, typified by hot and humid weather throughout much of the year. Annual rainfall is approximately 1,100 mm and in a normal year there are two distinct rainy seasons: "the long rains", which fall during April and May and "the short rains", which fall during October and November.

Zanzibar

Zanzibar is a semi-autonomous part of the United Republic of Tanzania. It comprises the Zanzibar Archipelago in the Indian Ocean, 25–50 kilometres off the coast of the mainland and consists of a number of small islands and two large ones: Unguja (the main island, informally referred to as Zanzibar) and Pemba. Zanzibar was once a separate state with a long trading history within the Arab world; it united with Tanganyika to form Tanzania in 1964 and still enjoys a high degree of autonomy within the union. The capital of Zanzibar, located on the island of Unguja, is Zanzibar City and its historic centre, known as Stone Town, is a World Heritage Site.

Zanzibar's main industries are spices, raffia and tourism. Zanzibar is also the home of the extremely endangered Red Colobus Monkey. The word "Zanzibar" probably derives from the Persian, Zangi-bar ("coast of the blacks"). However, the name could also have been derived from the Arabic Zayn Z'al Barr ("fair is this land"). "Zanzibar" often refers especially to Unguja Island and is sometimes referred to as the "Spice Islands," though this term is more commonly associated with the Maluku Islands in Indonesia.

Some trivia: Zanzibar was the first region in Africa to introduce colour television, in 1973. The current TV-station is called TvZ. The first television service in mainland Tanzania was not introduced until some twenty years later. The musician Farrokh Bulsara (a.k.a Freddie Mercury) of Queen was born in Unguja, Zanzibar on September 5, 1946 to Indian-Parsi parents, who were employed by the British colonial administration. There is a restaurant named 'Mercury's' on the beachfront of Stone Town. In September 2006, a radical Islamic group on the archipelago, Uamsho, forced organizers to abandon plans to mark his 60th birthday, saying he violated Islam with his openly gay lifestyle. Zanzibar criminalized homosexuality in 2004 but despite this it remains a popular resort destination for the South African gay community.

Serengeti National Park

The Serengeti is most famous for the largest and longest overland migration in the world. This migration is one of the ten natural travel wonders of the world. Around October, nearly 2 million herbivores travel from the northern hills toward the southern plains, crossing the Mara River, in pursuit of the rains. In April, they then return to the north through the west, once again crossing the Mara River. This phenomenon is sometimes called the Circular Migration. Over 250 000 wildebeest alone will die along the journey from Tanzania to Masai Mara Reserve in upper Kenya, a total of 800 km. Death is often caused by injury, exhaustion, or predation.

Approximately 70 larger mammals and some 500 avifauna species are found there. This high diversity in terms of species is a function of diverse habitats ranging from riverine forests, swamps, kopjes, grasslands and woodlands. Blue Wildebeests, gazelles, zebras and buffalos are some of the commonly found large mammals in the region.

The Ngorongoro area is part of the Serengeti ecosystem, and to the north-west it adjoins the Serengeti NP and is contiguous with the southern Serengeti plains. These plains also extend to the north into the unprotected Loliondo division and are kept open to wildlife through transhuman pastoralism practiced by Masai. The south and west of the area are volcanic highlands and the southern and eastern boundaries are approximately defined

by the rim of the Great Rift Valley wall, which also prevents animal migration in these directions.

Arusha

Arusha is surrounded by some of Africa's most famous landscapes and national parks. Beautifully situated below Mount Meru on the eastern edge of the eastern branch of the Great Rift Valley, the city has a temperate climate due to its position on the slopes of Mount Meru. It is close to Serengeti, Ngorongoro Crater, Lake Manyara, Olduvai Gorge, Tarangire National Park, and Mount Kilimanjaro, as well as having its own Arusha National Park on Mount Meru.

The primary industry of the region is agriculture, with large vegetable and flower producers sending high-quality produce to Europe. Small-scale agriculture was badly affected by the coffee crisis of recent years and is now largely subsistence farming. Arusha has several factories including a brewery, tyre and fibreboard plant, and a large pharmaceuticals maker.

Nairobi

Nairobi is the capital and largest city in Kenya. The name "Nairobi" comes from the Masai phrase Enkare Nyirobi, which translates to "the place of cool waters". However, it is popularly known as the "Green City in the Sun" and is surrounded by several expanding villa suburbs.

Founded in 1899 as a simple rail depot on the railway linking Mombasa to Uganda, the town quickly grew to become the capital of British East Africa in 1907 and eventually the capital of a free Kenyan republic in 1963.

During Kenya's colonial period, the city became a centre for the colony's coffee, tea and sisal industry. Nairobi is the most populated city in East Africa, with a current estimated population of about 3 million.

Nairobi is now one of the most prominent cities in Africa politically and financially. Home to many companies and organizations, including the United Nations Environment Programme and the UN Office in Africa, Nairobi is a hub for business and culture. The Nairobi Stock Exchange (NSE) is one of the largest in Africa, ranked fourth in terms of trading volume and capable of making 10 million trades a day. The Globalization and World Cities Study Group and Network (GaWC) defines Nairobi as a prominent social centre.

3. Group Size/Tour Leaders/Guides

We are committed to being a small group operator, as we feel this gives everyone in the group the best chance to get to know their fellow travellers and to hear and make the most of their guide. So, the expedition vehicles we use on our South & East Africa overland adventure tours have a maximum of 25 seats and on this tour will carry a maximum of 20 travellers.

In South & East Africa we provide fully trained, local English-speaking tour leaders, drivers and crew for all our tours. This tour will feature 2 crew – a driver, and tour leader. Between them they will help with the cooking, washing up, clearing away, cleaning of the truck etc. You may assist with this if you wish, and a limited amount of help is expected and appreciated (eg. Washing your own plates & cutlery) but you are not obliged to do any more than that unless you wish to. The tour leaders are not specialist licensed guides however, but during the tour we may also use a variety of local guides for activities and tours included in the itinerary.

4. Serengeti Excursion and Local Options

On all our Overland tours we strive to strike a balance between including plenty of meals, tours and activities and being accessible and affordable.

The main tour price covers all your accommodation, transport, most meals and a range of tours and activities.

There are also some **Locally Available Options** on this tour. These have been chosen to give you more of a taste of what is available in the region and sometimes to offer an adrenaline rush during a relatively sedate tour. All these local options are offered and operated by professional local activity providers and Encounters Travel is not responsible for your booking or time while taking any of these options. Prices for these options may be given on our website, but please bear in mind that are given as a guide only and may vary seasonally and can change from time to time. Availability is subject to seasonal daylight hours and our time-keeping that day.

Finally we also offer an optional **3-night camping excursion into the Serengeti National Park** for those wishing to do more extensive wildlife viewing, but still on a budget.

Please check the Options section for more information and prices.

5. Transport

This tour is run in conjunction with our local partners in South Africa. You will travel in one of their specially designed overland trucks throughout this tour, giving you a great vantage point from which to enjoy the scenery and incredible wildlife. Our professional and knowledgeable local guides will help to make your experience unforgettable and fun. The maximum number of people on this tour is 20 (the trucks have 25 seats)

The vehicles we use are amongst some of the finest on the road. However, do not forget the nature of an adventure tour. This is not a bus trip. Nor do we provide up-market tours. These are still tours aimed at the adventurous traveller. Though the vehicles are comfortable with large windows and great visibility, there are no onboard toilets or air-conditioning.

Each expedition vehicle is fitted with the following:

- Freezers to keep food fresh in the African heat.
- Individual seats with seat belts and ample leg-room
- Overhead luggage racks.
- Lockers for your backpacks (~35 cm square, 80cm deep)
- A safe for your valuables.
- A well-stocked first aid kit is on hand for emergencies.
- Reading material (fiction & field guides), games and recreational gear to keep you well entertained.
- I-pod/MP3 points
- Charging facilities for cameras, batteries etc
- PA System
- Kitchen and stove
- Water tank
- Cooler boxes
- Table for food preparation
- Hand-dishwashing facilities

Partaking in an adventure tour in Africa involves covering hundreds if not thousands of kilometres in a truck, and our tours are as much about this journey as they are about the destinations we visit. Use your time in the truck to talk to your fellow travellers, play card games, have a drink, walk around, take note of the world passing by your window and make the most of this unique opportunity to step out of your comfort zone.

Some roads you travel on will be smooth and easy while others could take up to an hour to cover 1 kilometre (though this is very rare on this route unless there has been extreme recent weather). There is just no telling what could happen with road, rainfall, traffic and other conditions that may exist that will either increase or decrease the amount of time you spend on the road so take your watch off, put your iPad away, turn off your phone and just relax. An average driving day could take anything from 4-5 up to the whole day. We will stop for shopping, bathroom breaks, photo stops, activities and a whole lot more. However, if you are looking to only experience specific destinations and are not interested in the journey, perhaps overland adventures are not for you.

Some game safaris are carried out using 4x4 jeeps/safari vehicles - see your tour itinerary for details. These may be open-roofed or enclosed. You must not leave the vehicle or lean out through windows without express permission from the guide.

6. Booking & Payment

If you would like to book a place on this tour, please complete the online reservation form on our website (via the Dates & Prices tab on the tour page). You may make a deposit or full payment online, or just hold a reservation if you prefer (full payments are due 8 weeks before departure). We will then contact you with more details about

how to complete your booking. Payments may be made by debit or credit card (subject to a card processing fee), or by making a bank transfer, or posting us a cheque/bank draft. Full details will be provided in your booking confirmation email. Please [contact us](#) if you would like any more information or have any questions before making a booking.

7. Financial Security

We are a UK registered company and are committed to providing our customers with financial protection to provide peace of mind and to allow you to book with confidence.

We have therefore partnered with Trust My Travel Ltd., which provides financial protection services to over 2000 partners around the world. Funds paid to us by our customers are protected via an Insurance policy held by Trust My Travel. Each traveller and the description of services sold is declared against Trust My Travel's insurance policy directly against our financial failure. In the event of our insolvency, you will be refunded for any unfulfilled products and/or repatriation to the UK (where applicable). Please see [our website](#) or [booking conditions](#) for more information.

8. Responsible Tourism

It is impossible not to have an impact on the local environment, cultures and eco-systems when you travel. However, it is very possible to try and ensure that these impacts are as limited, or positive as possible. We are committed to ensuring that we try to leave our host countries in a better state than we found them and encourage and assist our travellers to help us with this.

The following are a few simple tips that require very little effort on your part but which will help ensure that any effect you have on the locations you visit is positive rather than negative.

- Don't prejudge: Things in different countries will almost certainly be different. That doesn't make them worse or inferior, just different.
- Communicate: Don't expect locals to speak your language. Take the trouble to learn a few words or phrases of the local language. Don't worry about sounding silly. Most locals are patient and accommodating and appreciate you making the effort to communicate in their language.
- Conserve energy: Be careful not to waste valuable resources. Use local resources sparingly. Switch off lights, air-conditioning and fans when you leave the hotel room and don't waste water. Remove superfluous packaging. Many countries have far less efficient waste disposal systems than ours. Remove packaging from newly acquired items before leaving home.
- Don't litter: No matter how untidy or dirty the country you're travelling in may look to you, avoid littering, as there is no need to add to the environment's stress. Many of the countries we visit have a tough challenge dealing with rubbish and waste. Please consider taking home as much plastic waste as you can (e.g. water bottles).
- Choose environmentally friendly products: By using environmentally friendly (bio degradable) sun creams, shampoos and detergents you can help reduce pollution.
- Respect local customs and traditions: As you are a guest in these countries, you should also comply with the local customs. If you are friendly and well mannered, the locals will reciprocate and it will only enhance your experience. It's important to follow dress and behaviour guidelines especially when visiting religious or sacred sites (your tour leader will advise you how best to do this).
- If a client commits an illegal act the client may be excluded from the tour and Encounters Travel shall cease to have responsibility to/for them. No refund will be given for any unused services.

All porters are employed and equipped following guidelines set by the International Porter Protection Group (IPPG).

9. Follow Us Online

You can stay in touch with us online by following us on Facebook and Twitter. We post updates on relevant travel news in our destination countries, special offers and discounts and other interesting travel related news and

information.

www.facebook.com/encounterstravel

<https://x.com/encounterstravel> (yes, without the 'e')

10. Travel Insurance

Travel insurance is compulsory on all of our tours and needs to cover personal accident & liability, medical expenses and repatriation, travel delay & abandonment. We also strongly recommend that you take out cover against cancellation and lost/stolen baggage. Personal medical insurance does not normally provide sufficient cover and is generally not suitable for travel on our tours. You will not be able to join your tour if you have not provided us with details of your insurance or if you arrive without cover in place (no refunds will be due in this event).

Considering travel insurance for your trip? [World Nomads Travel Insurance](#) offers coverage for more than 150 adventure activities as well as emergency medical, lost luggage, trip cancellation and more.

If your tour includes car hire, or if you plan to arrange a hot air balloon flight locally or do some scuba diving during your tour, you should check the small print in your policy to make sure these are covered (these are covered in our policy). Please also check the maximum altitude that you will be reaching and that full cover including emergency evacuation is provided up to this altitude.

If you are taking expensive camera gear or other electronic equipment with you then please check the coverage and the fine print of your policy to ensure that you have sufficient cover.

IMPORTANT: We must have your travel insurance details (policy number and type of insurance) before you depart or you may not be allowed to join the tour. If you haven't told us already, please let us know the details when you can. You should take a paper copy of your insurance policy with you as you may be asked to show this at the start of the tour.

Covid-19

Before purchasing any travel insurance, please check the coverage provided for situations related to Covid-19, and for the rules about government travel advice. Your normal policy may not be suitable.

11. Before you travel

It is important when considering and preparing to travel anywhere in the world that you have a good understanding of the country you are visiting, its laws and customs, and the possible risks and situations that may occur. This includes specific risks related to your itinerary (eg. does it involve water & can you swim, are you fit enough for the activities included), as well as more general risks such as terrorism and natural disasters.

General details and links to more information about health risks, visa requirements, money, and travel insurance are given in these tour notes. We recommend that you re-read all these before your departure as well as the small print of your travel insurance policy so you know exactly what is covered and what is not.

You should take copies of your important travel documents with you and ideally also store them online securely as a backup. Make sure that you have given us your emergency contact details and told that person where and when you are travelling. Ensure you take enough money with you and that you have access to emergency funds.

Finally, you should read through and stay updated with the current [official government travel advice](#) for your destination. We are registered partners with the UK Foreign Office's ['Travel Aware' campaign](#) which provides further useful and invaluable information.

12. Reduce Plastic Waste with Water-to-Go Filter bottles

Traveling responsibly means minimizing plastic waste, but staying hydrated on the go is essential. At Encounters Travel we are committed to reducing single-use plastics, which is why we've partnered with Water-to-Go. Their portable filtration system removes over 99.9% of contaminants from any non-saltwater source, turning even questionable water sources into safe drinking water.

Given that tap water is un-safe to drink in many of the countries in which we operate, we recommend purchasing a Water-to-Go bottle prior to departure. This will help you avoid the use of single use plastic bottles and keep you hydrated on the go.

Save big! Get a huge 25% off your Water-to-Go bottle and other Water-to-Go products (such as filters, lids, and carriers). Use code **ENCOUNTERS25** at checkout (valid in the UK, USA and Canada).

How Water-to-Go Technology works:

- Their reusable, BPA free water bottles contain their own unique 3-in-1 filtration technology effectively providing clean safe drinking water from any non-salt water source around the world.
- Three different (1 traditional and 2 nano) technologies are combined in one filter cartridge to remove up to 99.9999% of microbiological contaminants in water.

The three technologies used in a Water-to-Go filter are:

- Mechanical filtration – A tiny pore size, so small contaminants can't fit through.
- Electrical – A positive charge reduces the pore size even further and attracts contaminants like a magnet, trapping them inside the filter.
- Activated Carbon – Unlike most carbon based filters, instead of using adhesives to glue the carbon particles together, (which vastly reduces the carbon's efficiency) it is contained within the membrane, helping to reduce contaminants whilst eliminating bad tastes and odours. Try filtering water from your tap at home and taste the difference!

Water-to-Go filter bottles deliver safe, healthy water worldwide

- Water-to-Go filters remove bacteria, viruses, waterborne disease, protozoa, heavy metals such as lead as well as harmful chemicals.
- Their filters remove Chlorine and Fluoride from tap water.
- The filter will eliminate harmful contaminants from the water but allow beneficial minerals such as sodium and magnesium to pass through leaving you with the healthiest water possible.
- Water-to-Go filters have been independently tested against internationally recognised standards by industry specialists including The London School of Hygiene & Tropical Medicine (UK), BCS Laboratories (USA), Bangalore Test House (India) and IMI (China).

Use Water-to-Go products and you'll be healthier, wealthier and helping to make the world a better place!

- Depending on filter size, each Water-to-Go filter is able to replace 260 or 400 single-use plastic water bottles!
- They ensure you have access to safe water anywhere in the world without ever having to buy environmentally damaging bottled water.
- Their water bottles deliver safe, clean drinking water at just 5p per litre.
- The filter membrane is biodegradable and the shrouds are recyclable.
- The water bottles are used and approved by everyone from backpackers to commuters, gym users to expecting mums. Perfect for everyday, outdoor and travel.

13. Private & Tailor-made Tours

While our group departures offer a fantastic way to explore with like-minded travellers, we understand that some guests prefer a more exclusive experience. Most of our group tours can be booked on a private basis, allowing

you to enjoy the same expert-led routes with your own dedicated party. The primary advantage of choosing a private arrangement is the flexibility it provides; we can easily customise the itinerary to include your preferred style of accommodation or adjust the pace to suit your needs. Private tours can be run on the same start days as our group tours, or on other dates. However, some activities within our trips are restricted to particular days of the week - we will advise you on anything like this that we need to work around. Pricing will be based on the number of travellers in your party, and any customisations you may like to make.

For those seeking something truly unique, our specialist sales team is available to collaborate with you on a completely tailor-made tour, designed from the ground up to match your specific interests, accommodation level and requirements.

To request a quotation for a private or tailor-made tour, please [contact us](#).

14. Health and Vaccinations

You should ensure you are fully insured for medical emergencies including emergency evacuation and repatriation.

Recommended vaccinations and other health protection measures vary according to the country you are visiting and where you are travelling from. We recommend you contact your GP/medical practitioner or a travel clinic for current information on vaccinations needed for your destination. You should ensure that you are up to date with vaccines and boosters recommended for your normal life at home, including for example, vaccines required for occupational risk of exposure, lifestyle risks and underlying medical conditions. In addition, additional courses or boosters normally recommended for the countries in this region are:

[South Africa](#): Additional vaccinations: Hepatitis A. [Malaria map](#). Yellow Fever certificate: Required if arriving from or having transitted through an infected area.

[Namibia](#): Additional vaccinations: Hepatitis A, Tetanus, Typhoid. [Malaria map](#). Yellow Fever certificate: Required if arriving from an infected area.

[Botswana](#): Additional vaccinations: Hepatitis A, Tetanus, Typhoid. [Malaria map](#). Yellow Fever certificate: Required if arriving from or having transitted or travelled through an infected area.

[Zimbabwe](#): Additional vaccinations: Hepatitis A, Tetanus, Typhoid. [Malaria map](#). Yellow Fever certificate: Required if arriving from or having transitted through an infected area.

[Zambia](#): Additional vaccinations: Hepatitis A, Tetanus, Typhoid. [Malaria map](#). Yellow Fever certificate: Required if arriving from or having transitted through an infected area.

[Malawi](#): Additional vaccinations: Hepatitis A, Tetanus, Typhoid. [Malaria map](#). Yellow Fever certificate: Required if arriving from or having transitted through an infected area.

[Tanzania](#): Additional vaccinations: Diphtheria, Hepatitis A, Tetanus, Typhoid. [Malaria map](#). Yellow Fever certificate: Required if arriving from or having transitted through an infected area.

[Kenya](#): Additional vaccinations: Diphtheria, Hepatitis A, Poliomyelitis, Tetanus, Typhoid. [Malaria map](#). Yellow Fever certificate: Required if arriving from an infected area.

[Uganda](#): Additional vaccinations: Diphtheria, Hepatitis A, Tetanus, Typhoid, Yellow Fever. [Malaria map](#). Yellow Fever certificate: Required if arriving from an infected area.

[Sudan](#): Additional vaccinations: Diphtheria, Hepatitis A, Tetanus, Typhoid, Yellow Fever. [Malaria map](#). Yellow Fever certificate: Required if arriving from or having transitted through an infected area. A certificate may also be required for those departing Sudan.

[Morocco](#): Additional vaccinations: Hepatitis A, Tetanus, Typhoid. Malaria not normally present. Yellow Fever certificate not required.

[Tunisia](#): Additional vaccinations: Hepatitis A, Tetanus, Typhoid. Malaria not normally present. Yellow Fever certificate not required.

The above information can change at short notice. For up to date health information & vaccination requirements we recommend that you contact your medical practitioner or a travel clinic.

Malaria: Vaccinations are not available against Malaria, which is a disease transmitted by mosquitoes that can be very serious and sometimes fatal. You should avoid mosquito bites by covering up bare skin with clothing such as long sleeves and long trousers and applying insect repellents to exposed skin. When necessary, sleep under a mosquito net. Mosquitoes are most active during and after sunset. You should consult with your GP/medical

practitioner/travel clinic about the most appropriate malaria prophylactic medication to take for the regions you are visiting.

Yellow Fever: This disease is spread by infected mosquitoes that bite during the day. A Yellow Fever Certificate of vaccination is often required as a condition of entry depending on which country you are arriving from, or that you have travelled or transitted through recently (including connecting flights with stopovers of over 12 hours). You can view this US CDC information about where the virus is present and follow the links to further information detailing which countries need you to have a Yellow Fever vaccination as part of their entry requirements. Please ensure you have this certificate organised in advance and with you and to hand during the trip.

Please inform us of any pre-existing conditions such as diabetes or asthma and any prescription medicine you may be taking. We also need to know about any food allergies or physical disabilities that you may have. If you are travelling on an Overland tour or your trip includes wildlife safaris then please bear in mind that you may be travelling on bumpy roads and/or rough ground for several hours at a time. This can be very uncomfortable or painful if you have a bad back, and make such conditions worse. Please contact us if you have any concerns.

Health Declaration: As many of our Africa tours travel through very remote regions, where medical facilities are limited, we are asking all of our travellers 65 years and over who are joining one of our Africa Overland Adventures to complete the attached medical questionnaire. The information provided to Encounters Travel and our local operational partners will be held to the strictest confidence and will be used only to the extent to provide necessary emergency medical care and/or evaluate physical health and fitness for travel.

We will request this from you approximately 30 days before your trip starts, so that your GP can sign your form based on your current health conditions. Please don't submit this several months in advance, as it is important for us to know you are fit for travel just before the trip departs.

15. Passports and Visas

Passports should be valid for at least six months after your departure from the country. Please do not bring an almost full or almost expired passport. Visa arrangements are the responsibility of the traveller, and requirements are subject to change by the local authorities. Encounters Travel will not be held responsible if travellers are denied entry because they are not in possession of the relevant visas. We therefore recommend you re-check requirements with the relevant embassy/consulate around 4 weeks before travel.

You should also be in possession of a valid onward or return flight ticket, or proof of other means of transport enabling you to leave the country that your tour passes through or finishes in. In addition you should carry proof of sufficient funds to cover you during your time in the country (eg. credit card).

Should your tour be re-entering a country, please ensure that you have a multiple entry visa that allows this. Some countries have a visa on arrival service which can be more convenient and cheaper. However, for peace of mind and to speed up the border crossing process, Encounters Travel advises that you to get your visas prior to your trip if possible.

16. What to take

LUGGAGE ALLOWANCES: Most international airlines restrict you to between 20kg and 23kg per person of luggage to go in the hold of the plane. Domestic flights often have smaller allowances around 15kg. As airline rules vary we recommend that you take no more than 20kg of luggage if your tour just includes international flights, and no more than 15kg if there are any domestic flights included in your itinerary. Please ask us for details if you are unsure about luggage allowances on your tour. Any excess baggage fees will be your responsibility to cover. Most airlines allow between 5kg and 10kg for hand luggage so we suggest that you take no more than 5kg unless you have confirmed that your airline(s) will allow more than this.

OVERLAND AND SAFARI TOURS: Please keep in mind that these are adventure tours in an adventure vehicle (truck or 4x4) and luggage should not include any solid Samsonite style suitcases. On our accommodated overland tours most of our trucks have lockers for the luggage (locker sizes: 37,5 cm high, 32 cm wide, 80 cm

deep). Only a soft bag will fit in these lockers. A suitcase is far more difficult to store and make secure in our vehicle and this is part of the reason we ask for a backpack or tote bag to be used as your luggage. The other reason is that you need to walk from the truck to the accommodation and often over sand or uneven terrain. Your luggage on our Overland tours is limited to ONE backpack and ONE daypack weighing no more than 20kg. As a general rule, if you cannot lift your own luggage - you've got too much stuff! Most people make the mistake of bringing too many clothes. A quick reminder - **suitcases are not suitable on our overland tours** – especially huge Samsonite-style cases! **Small** wheeled cases are OK for safari tours.

SUGGESTED PACKING LIST: Kit for all weather conditions including: • 2/3 shorts/skirts • 1 jacket/anorak • Tracksuit/pullover • 2 pairs of long pants/jeans • 2 pairs of walking shoes/boots/trainers • 1 pair of sandals • 3 or 4 T-shirts/short sleeve shirts or sundresses • 2/3 Long Sleeve Shirts • Smart casual change of clothes • Swimwear • Underwear & socks • Sun Hat – preferably that covers the back of your neck. • Raincoat • Kikoi/sarong

Your clothing should be easy to wash and dry and should preferably not need ironing. Avoid synthetics, which can be very uncomfortable in hot weather. Many people underestimate how cold Africa can be – remember that jersey/jacket! There are also nights that are warm but you must still wear clothes that cover arms and legs from mosquitoes. Take a set of casual but smart clothes for the occasional evening out in a restaurant or club. If you wear glasses (or contacts) it is also advisable to bring a spare pair.

While on wildlife safaris it is important to wear dull coloured clothing - olive, mushroom, brown, khaki, stone are ideal.

You should avoid white (stands out too much), black or blue (attracts tsetse flies), and camouflage (illegal in many countries for civilians)

Additional Items: • Towel & facecloth • Baby wipes/ Wet Wipes • Personal toiletries • Sleeping bag • Torch & enough spare batteries • Camera & spare batteries and memory cards • Water bottle. (A 2-litre Coke bottle works well...) • Penknife • Insect and Mosquito repellent • Suntan lotion, sun block & after sun lotion • Sunglasses • Watch • Biodegradable laundry detergent • Passport (plus a copy of your passport & visas) • Extra passport photos • Vaccination certificate • Money • Travel plug • Neck pillow • Small sewing kit • Plastic bags • Clothes line and pegs • Small scrubbing brush • a small padlock for your luggage locker in the truck • Small basic First Aid kit (painkillers, band aids, after-sun lotion, eye drops, anti-diarrhoea tablets etc.)

DAY PACKS: Please check the itinerary for your specific tour if you will need a little daypack. For example on our Cape Town to Vic Falls overland tour you will need a smaller bag, big enough to bring basic equipment (toiletries and clothes) for 2 nights. The daypack is for your Okavango Delta Excursion, where you cannot bring your entire luggage.

17. Zanzibar Insurance Requirements

IMPORTANT INSURANCE INFORMATION FOR THOSE VISITING ZANZIBAR:

The Zanzibar Government have announced the introduction of a travel insurance policy which will be obligatory for all foreign visitors to the islands, regardless of whether travellers have their own travel insurance in place.

1. The insurance policy is sold by Zanzibar Insurance Corporation.
2. The cost is US\$44 per person.
3. The insurance requirement comes into force on 1st October 2024.
4. The policy must be purchased online at <https://visitzanzibar.go.tz/> and purchases can be made from 1st September 2024.
5. Payment can be made online by debit or credit card.
6. On completion of the purchase, visitors will receive a QR code. The policy documents will be sent to your registered email address.
7. The policy document and QR code must be presented on in Zanzibar. Entry will be refused without this documentation.

To ensure you have a smooth entry, please ensure the above policy is purchased in advance of your arrival.

18. International Flights and Airport Transfers

International Flights: We want to give you as much flexibility as possible when it comes to booking your holiday with us. So, to take account of people living in different places and with varying travel plans, except on some Escorted Tours and package promotions, we don't include your international flights in the main tour price. We are however very happy to suggest flights to go with the tour. Please contact us with your preferred dates and departure airport and we'll give you a selection of airlines, times and fares to choose from.

The vast majority of our tours are designed such that you can arrive and depart at any time on the first and last days of the set tour itinerary, with your arrival and departure airport transfers included in the tour price. However, on our **Overland tours**, you should not arrange your onward international flights or other travel for the day the tour is due to end (unless the final day does not involve any travelling and finishes after breakfast). Similarly, many of our Overland tours depart their first port of call on the first morning, and you will therefore need to plan for any flights to arrive at least one day beforehand.

Airport Transfers: Arrival and departure airport transfers are included on most of our Small Group, Shoestring (excluding the 5 & 6-day Garden Route tours where Airport Transfers are not included, however a pickup from a Central Cape Town location is included on day 1 of the tour) and Tailor-made tours but available as extra options on all our African Overland tours, as long as you have accommodation booked with us on that day. If you add extra accommodation before and/or after the tour that you do not book with us, then you will also need to arrange your own airport transfers.

Departure Taxes: Various countries may require that you pay an Airport Departure Tax when departing on an international flight. Please note that all departure taxes must be paid in hard cash currency and US Dollars are normally the best currency to use for this. Departure taxes can vary from US\$10 - US\$60 depending on the departure point.

Flight inclusive packages: We do also sometimes advertise flight inclusive packages from selected airports. Where these are shown on our website, prices are correct at the time of quoting, but are subject to continued availability of the fare used. Prices will be reconfirmed at the time of booking, and we will also provide the flight times and airline details before tickets are issued.

Flight inclusive prices are based on the cheapest Economy ticket class available which is generally non-refundable and non-changeable unless the flight is cancelled for reasons such as Covid-19, in which case the airlines are more flexible. More flexible ticket options, as well as Premium Economy and Business Class tickets are available on request for an additional supplement. Any changes made to flight inclusive bookings will be subject to the airline rules on your ticket.

Flight CO2 Emissions:

Traveling by air is an amazing way to explore the world, but flights also contribute to carbon dioxide (CO2) emissions that impact the environment. By considering the airline's CO2 emissions when you choose your flight, you can help minimize your travel footprint.

When selecting your international flights and airline, we do therefore recommend that you try and also take into account the flight CO2 emissions. Some airlines and flight search websites (eg. Google Flights, Skyscanner) do publish this information, so you can compare between your flight options and make an informed decision. Thankfully, many airlines are working towards sustainability efforts, and choosing a greener option allows you to contribute to positive change while still enjoying your incredible adventure.

19. Tipping

In general tipping in restaurants is expected and is around 10% for good service, more if you have received exceptional service, and, feel free not to tip at all if you received poor service. Tipping taxi drivers etc is really at your own discretion and not always expected. If in doubt please ask your guides. It is expected to tip porters and car guards etc. Ask your guides how much is appropriate in local currency. The recommended amount for Serengeti and Masai Mara guides is around USD5-7 per client per day.

Our guides do work hard but they are also paid at (and often above) industry levels for this work. Our Crew can be tipped if you feel that they have done a good job and/or gone above and beyond the call of duty. The best way

to arrange tips is to elect one person in the group to collect the money. On Small Group & Shoestring tours we recommend around USD 3-5 per person per day per guide as a fair tip. On longer Overland tours we recommend USD1-2 per day per person, per guide as a fair tip. So if you have 2-crew on a tour, we would recommend that 2 envelopes are used and each crew member's name written on one. Place what you feel is fair into each envelope and the elected person can give these to the crew at the end of the tour. If you do not feel that the crew deserve a tip, please, do not tip them. You must remember that tipping is only for exceptional service and is not at all compulsory or expected.

20. Meals on Overland tours

Due to the nature of the overland trip, the majority of your meals will be cooked by our crew and eaten beside the vehicle. Meals will not normally be eaten within the accommodation. The reason we run our trips in this way is that we feel it fits in better with this type of trip and it also helps to keep our prices competitive with other companies offering similar tours.

Breakfast: As breakfast is served very early in the morning (if there is driving or activities to be done) it is a simple but filling breakfast: Tea and coffee, breads and spreads, cereals, yoghurts, fruits and on occasion, when there is time for a later breakfast, we'll will serve a hot breakfast of scrambled eggs, porridge, bacon or beans.

Lunch: Lunch is generally served at a picnic spot next to the road en route to a destination. As the tour leaders only have approximately 45 minutes to get everyone off the truck, prepare lunch and then get everyone back on the truck again, lunches consist of sandwiches and salads (rice salad, pasta salad, tuna salad and green salad) which are quick and easy to prepare but which are quite filling. They do have meal plans which they should stick to, to ensure that there is variety on a day to day basis.

Dinner: This is when your crew get time to prepare a delicious meal and they focus on a substantial protein, vegetable and carbohydrate dinner. We serve traditional cuisine consisting of braais (BBQ), potjie (stew), bobotie (mince), spaghetti and fish and chicken dishes. All meals (on both accommodated and camping tours) that are included in the itinerary are prepared at the full service adventure truck. This is a unique adventure in itself where you get to dine under the stars with your new found friends and experience the real sights and sounds of Africa!

Printed on: Tuesday 28th of April 2026

Note: Please [download an up-to-date copy](#) of these tour notes shortly before you travel as itineraries and information does change from time to time.
